



My Rules for

Primary
Intermediate

Real-World Safety



1 

I will always check first with my parent, guardian, or other trusted adult before going anywhere, helping anyone, accepting anything, or getting into a car.

2 

I will take a friend with me when going places or playing outside.

3 

I will tell people “NO” if they try to touch or hurt me. It’s OK for me to stand up for myself.

4 

I will tell my trusted adult if anything makes me feel sad, scared, or confused.



signed

signed