



PARENTS & GUARDIANS	EDUCATORS	LAW ENFORCEMENT	TEENS	NSTEENS	KIDS
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Safety Pledges

Internet Safety Pledges

"House pledges" or "acceptable-use policies" can help provide clear guidelines for safer Internet use. NetSmartz recommends using the "Internet Safety Pledge" to promote safety discussions and create safer boundaries.

Real-World Safety Pledges

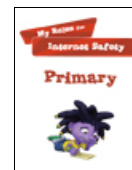
Age-appropriate safety pledges were created for parents and guardians to facilitate in-depth discussions about real-world issues with children.

[Primary](#) | [Intermediate](#) | [Middle and High School](#)

Primary

Internet Safety Rules

1. I will tell my trusted adult if anything makes me feel sad, scared, or confused.
2. I will ask my trusted adult before sharing information like my name, address, and phone number.
3. I won't meet face-to-face with anyone from the Internet.
4. I will always use good netiquette and not be rude or mean online.



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Real-World Safety Rules

1. I will always check first with my parent, guardian, or other trusted adult before going anywhere, helping anyone, accepting anything, or getting into a car.
2. I will take a friend with me when going places or playing outside.
3. I will tell people "NO" if they try to touch or hurt me. It's OK for me to stand up for myself.
4. I will tell my trusted adult if anything makes me feel sad, scared, or confused.



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Intermediate

Internet Safety Rules

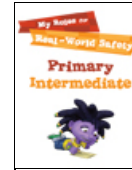
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2. I will ask my trusted adult before sharing information like my name, address, and phone number.
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Real-World Safety Rules

1. I will always check first with my parent, guardian, or other trusted adult before going anywhere, helping anyone, accepting anything, or getting into a car.
2. I will take a friend with me when going places or playing outside.
3. I will tell people "NO" if they try to touch or hurt me. It's OK for me to stand up for myself.
4. I will tell my trusted adult if anything makes me feel sad, scared, or confused.



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Middle and High School

Internet Safety Rules

1. I WILL THINK BEFORE I POST.

I agree not to post information and images that could put me at risk, embarrass me, or damage my future, such as

- o cell & home phone numbers
- o home address
- o sexual messages
- o inappropriate pictures and videos

2. I WILL RESPECT OTHER PEOPLE ONLINE.

I will not

- o post anything rude, offensive, or threatening
- o send or forward images and information that might embarrass, hurt, or harass someone
- o take anyone's personal information and use it to damage his or her reputation

3. I WILL BE CAREFUL WHEN MEETING ONLINE FRIENDS IN PERSON.

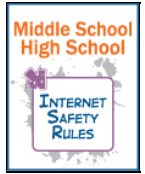
I agree to

- o ask my parent or guardian's permission before going
- o have a parent or guardian accompany me
- o meet in a public place

4. I WILL PROTECT MYSELF ONLINE.

If someone makes me feel uncomfortable or if someone is rude or offensive, I will

- o not respond
- o save the evidence
- o tell my parent, guardian, or another trusted adult
- o report to the website, cell phone company, CyberTipline.com, or the police

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